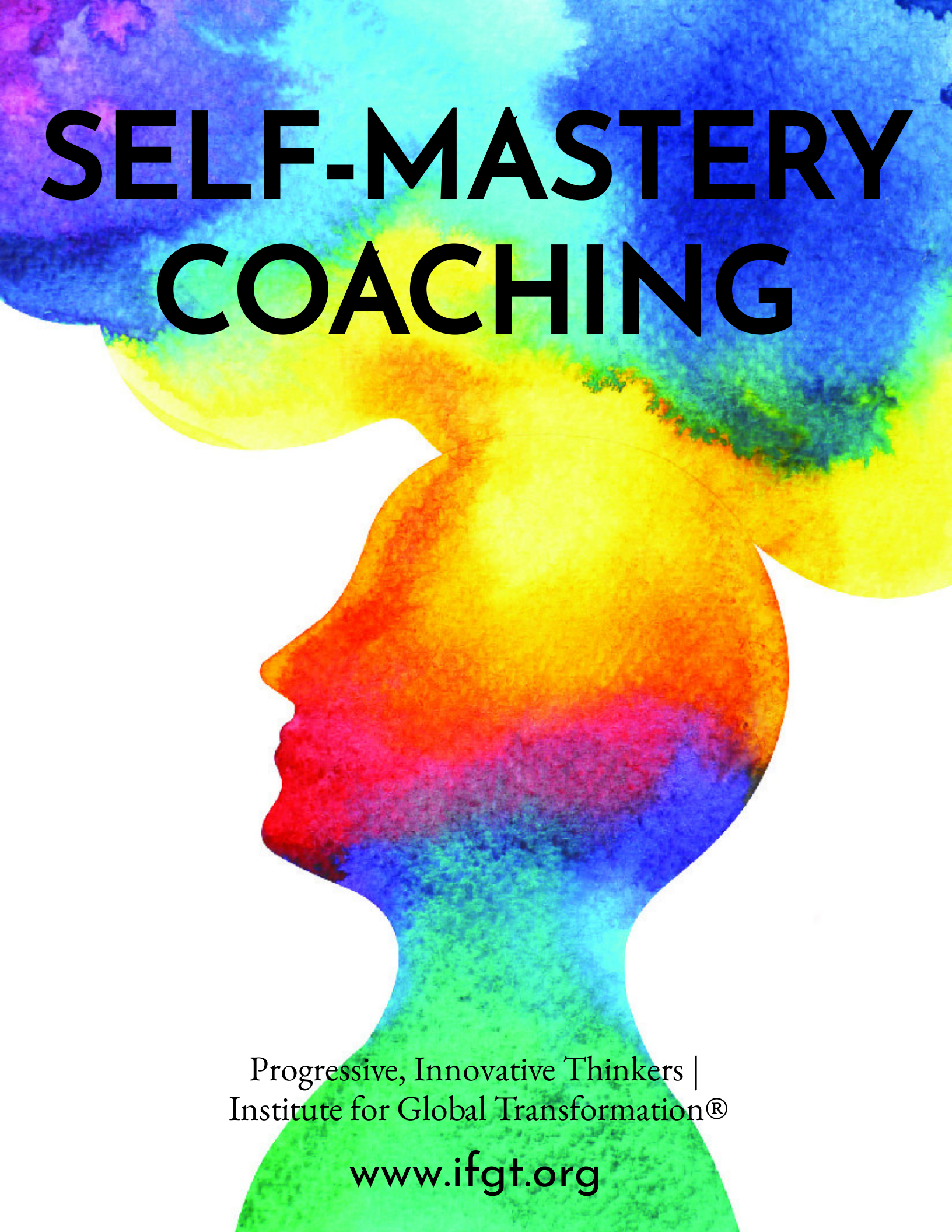


SELF-MASTERY COACHING



Progressive, Innovative Thinkers |
Institute for Global Transformation®

www.ifgt.org

The Institute for Global Transformation™ is a catalyst for personal, societal, and global transformation. Our Personal Transformation Program offers contemporary methods to successfully accomplish your goals, generate the changes you seek in your day-to-day life, and create transformations that assist you in becoming your very best self.

Change is incremental and is something that needs to be maintained. Transformation, on the other hand, is an *internal metamorphosis* that transforms the way you think, feel and behave. Change eventually leads to transformation, on the other hand, transformation always creates positive change. You can work toward creating change in your life or you can create transformation. The choice is always yours.

As a community of forward-thinkers, just like you, who are mindful, intelligent, compassionate, and inclusive, we value transformation over change and [invite you to join us](#) in discovering how you can master your life and, in doing so, create a better world for everyone.

Three Areas Of Endeavor Through Which We Carry Out Our Mission



There is a significant paradigm shift slowly occurring within humanity's consciousness. These changes have been accelerating for some years now. If you want to achieve personal transformation, and if you seek to create a happier, healthier, more loving, successful, and abundant life, then you have found a home with the Institute For Global Transformation®. Within our knowledge base of transformation articles and our personal growth courses, you will discover the keys that unlock the wisdom, love, and power that reside within you. We support and guide you along your personal transformation path so you can become your highest and best self. Our goal is to help you reach your greatest potential, create the life you envision, and set you on a path to self-discovery and mastery.

- [Personal Development Classes](#)
- [Personal Transformation Guide, Your Path To Self-Mastery](#)
- [FREE, Live Personal Development Webinars with Q&A](#)
- [Meditation and Prayer Service Council](#)
- [21st Century Philosophy](#)
- [Have You Found Your What, How, and Why?](#)
- [Just Ask, Conscious Conversations](#)



The IFGT energetically embraces the need to transform humanity's societal culture. Societal culture consists of shared or similar thoughts, feelings or beliefs that, together, form a consensus in the collective mind of humanity. To transform humanity's societal culture will require a paradigm shift in our values, expectations, and attitudes toward our sisters and brothers throughout the world. It will require a transformation in humanity's collective consciousness, which is information or knowledge that exists in humanity's ideologies, beliefs, values, norms and moral compass. Together, our community of Change-Makers are creating profound transformation in our personal lives and, in turn, in our global society.



Humanity today is being called upon to shift awareness and transform consciousness in all areas of life. Those who are responding to this higher frequency of consciousness have made a commitment to act in conscious cooperation with others in order to significantly affect, in positive ways, the core challenges facing humanity and our planet. By aligning and focusing our efforts we can, together, become a meaningful and effective force for right-action during these complex and demanding times. Each of us is an important contributor to the creation of a global shift in consciousness that is creating a more inter-connected, mindful, loving, wise, and purposeful world.

- [Meditation and Prayer Council](#)
- [Global Meditation Focus](#)
- [Environmental Issues](#)
- [Companions in service to humanity](#)

In order to change the external situation we must first change within ourselves. ~The Dalai Lama

It is being said there's a new humanity emerging. The IFGT calls them the Change-Makers. We come from all walks of life, all races, education, religions, socio-economic status, age, and spiritual development. Are you a Change-Maker? [Find out here.](#)

Remarkably, many of us don't know that others like us exist as a collective body, and because of this, our concerns, solutions, ideas, and voices are not being heard socially, economically or environmentally. This makes us blind to our potential power to help create real and lasting positive change in the world. But together, there's over 100 million change-makers in the United States and over 200 million world-wide so it's important to know that you are part of a growing community of Change-Makers who are making a real difference each and every day! [Find out more...](#)

We build bridges instead of walls, are concerned with helping the environment, bringing trust and transparency back to economics, promoting responsible science and engineering, and honesty with regard to social issues, relationships among people, communities and nations. It is the *nature* of these characteristics that holds the power to create real and lasting positive change in the world. [Read more...](#)

We're creating and empowering transformation in our own lives and in the world. We're making quantum leaps in consciousness by aligning our heart and head and embodying that wisdom in all aspects of our lives. By putting into practice the wisdom that comes from connecting with our Higher Selves, we are creating amazing lives, and in turn are creating a better future for our children, grandchildren, humanity, and the planet.

We Are One Human Family

What Unites Change-Makers is an unleashed knowledge within our inner-most being that our individual and collective awakening can be accelerated by working together with others of like-mind to positively impact our selves, humanity and the planet.

As Change-Makers, we have the power to change the future. We are raising our consciousness, connecting with our Higher Selves, and mastering our lives.

Our Community is Designed to:

- Nurture an understanding of the wisdom of using higher consciousness, focused intention, and strategic thinking to help improve your individual life, and in doing so, make the world a better place for everyone.
- Provide an arena for programs, activities, mindful conversations, personal development webinars, and networking designed to support you in creating transformative solutions to your personal challenges as well as the social, environmental and economic issues facing humanity and the planet.
- Teach you the skills and techniques necessary to create a transformative life that is purposeful and opens once unimagined possibilities.
- Contribute to a global awakening that humanity is One interconnected family.

A Drop of Water



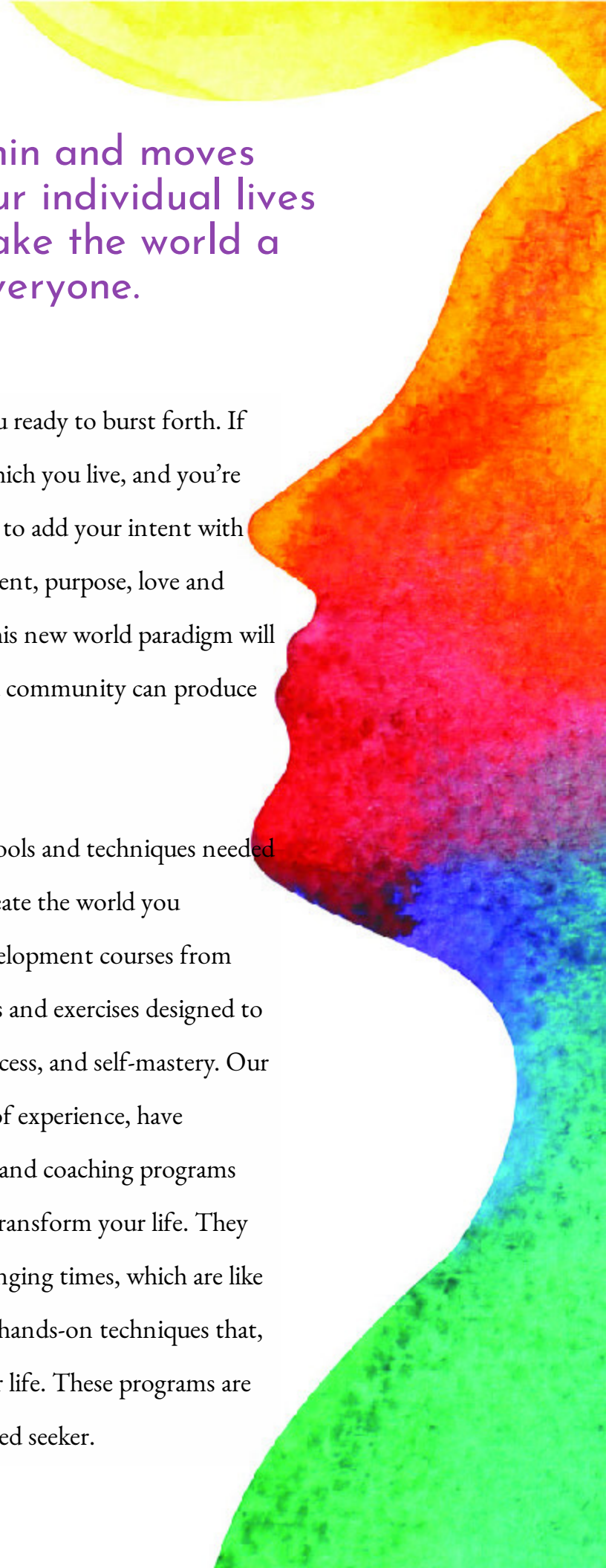
Individually, drops of water have limited ability. They have practically no color, have little or no nourishment, and have limited impact. Yet, when you add together drops of water, they can form an ocean, can nourish crops that feed the human race, and can have tremendous power. Together, each drop of water becomes a mighty force with which to be reckoned.

As a global network of progressive, innovative Change-Makers who are striving to reach our highest potential and, in turn, create positive changes in the way humanity operates socially, environmentally and economically. We bring together a community of individuals who aspire to accelerate our own transformation, are interested in discovering and exploring our unlimited selves, and in making the world a better place for all.

A large proportion of our individual success, in mastering our lives, is being part of a trusted community of like-minded individuals who choose to develop a deeper relationship with self and master their lives.

If you have interest in pursuing self-mastery further, let us know and we will send you our free [Personal Transformation Guide, Your Path To Self-Mastery.](#)





Change begins from within and moves outward. We're mastering our individual lives and, in turn, helping to make the world a better place for everyone.

The seeds of your boundless potential lie within you ready to burst forth. If you're not satisfied with your life or the world in which you live, and you're ready to create and live your best self, we invite you to add your intent with ours and together, co-create lives of joy, empowerment, purpose, love and wisdom. Our efforts toward the manifestation of this new world paradigm will set an example of how the spirit of cooperation and community can produce extraordinary, even miraculous outcomes.

Our Classes and Coaching Programs give you the tools and techniques needed to achieve your Goals, Transform your Life, and create the world you envision. The IFGT offers a variety of personal-development courses from which to choose. They contain powerful techniques and exercises designed to guide you along your path to wholeness, health, success, and self-mastery. Our exceptional team of instructors, who have decades of experience, have developed unique, tremendously successful courses and coaching programs that reveal little-known knowledge that can literally transform your life. They can help you maneuver through today's rapidly changing times, which are like none other in human history. You receive practical, hands-on techniques that, if practiced and utilized, will literally transform your life. These programs are designed for the beginner, intermediate and advanced seeker.